



CULTSKIN®

PRE AND
POSTCARE
BYONIK

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CULT

PRE-TREATMENT CARE

1-2 Weeks Before Treatment

Avoid excessive sun exposure, sunbeds and tanning.

Do not have treatment on sunburned or significantly irritated skin.

Use a broad-spectrum SPF 30-50 every day.

Avoid aggressive facial treatments, including strong chemical peels, dermabrasion or other resurfacing treatments, unless specifically advised by your practitioner.

Avoid waxing or other treatments that may irritate the treatment area for several days before your appointment.

Inform your practitioner of any recent aesthetic, laser or dermatological treatments.

3-7 Days Before Treatment

Unless otherwise instructed by your practitioner, avoid products that may increase skin sensitivity or irritation, including:

Retinol and prescription retinoids

AHA/BHA and other exfoliating acids

Strong exfoliating scrubs

Benzoyl peroxide if it causes irritation

Other highly active or sensitising skincare products

Do not introduce new skincare products immediately before your treatment.

Before Your Appointment

Please inform your practitioner if you:

Have an active skin infection, cold sore, open wound or significant inflammation in the treatment area

Have recently had another laser, injectable or aesthetic treatment

Have a history of cold sores

Have known allergies or sensitivities

Are taking medication or using prescription skincare

Have any medical condition that may affect treatment or healing

On the Day

Arrive with clean skin and minimal or no makeup where possible.

Avoid applying heavy creams, oils or active skincare immediately before treatment.

Keep the treatment area free from self-tan.

Your practitioner will cleanse and prepare the skin before treatment.

DAYS 2-7

Continue using a gentle cleanser and moisturiser.

Apply broad-spectrum SPF 30-50 daily.

Minimise prolonged direct sun exposure.

Avoid exfoliating scrubs and brushes.

Avoid retinol/retinoids, AHA/BHA and other strong active ingredients until the skin has fully settled or your practitioner advises you to restart them.

Avoid chemical peels, dermaplaning, waxing and other potentially irritating facial treatments until the skin has recovered.

Keep the skin hydrated and protected.

RETURNING TO ACTIVE SKINCARE

Your practitioner will advise you when to restart active skincare such as:

Retinol/retinoids

Vitamin C

AHA/BHA

Exfoliating products

Benzoyl peroxide

Prescription skincare

Reintroduce active products gradually once the skin is comfortable and no longer irritated.

SUN PROTECTION

Sun protection is particularly important following any skin treatment.

Use a broad-spectrum SPF 30-50 every day.

Reapply when exposed to prolonged sunlight.

Wear a hat and seek shade where possible.

Avoid sunbeds and intentional tanning.

Good daily sun protection can also help maintain the results of your treatment and reduce further sun-related skin damage.

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FACE & NECK

If the treatment includes the neck:

Treat the neck with the same gentle skincare routine as the face.

Avoid friction from tight collars, scarves or jewellery if the area is sensitive.

Protect the neck from direct sunlight.

Apply moisturiser and SPF as advised.

Avoid massage or manipulation of the treated area unless specifically instructed by your practitioner.

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When Should I Contact CULTSKIN® Immediately?

Please contact the clinic promptly if you experience:

Increasing redness or swelling

Significant or worsening pain

Blistering

Marked skin discolouration

Signs of infection

Persistent or increasing heat in the treated area

A significant rash or reaction

Any other concern regarding your recovery

If you experience difficulty breathing, difficulty swallowing or symptoms of a severe allergic reaction, seek emergency medical attention immediately.

Although complications are uncommon, prompt assessment is essential if any of the above occur.

Should you feel concerned by what seems like an adverse reaction, want reminding on your specified aftercare instructions, or in the case of an emergency, feel free to call us on our main line number, **0203 970 4693**, within opening hours. However, we also have a dedicated emergency line, open 24 hours a day, to which you can call on **07311799185**

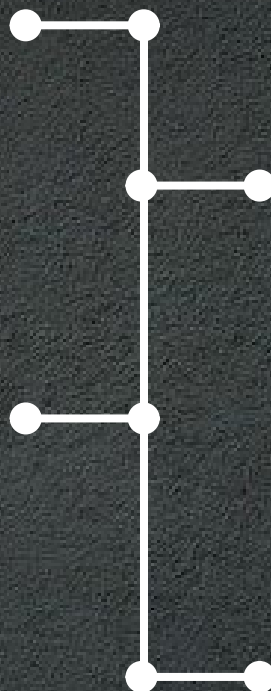


CULTSKIN® LAB

At CULTSKIN®, we believe in taking a holistic approach to skincare, where every step of your journey is carefully planned to achieve lasting results. The CULTSKIN® Lab is the UK's first of its kind, offering an exclusive 12-month subscription that provides you with one advanced skin treatment every month, ensuring consistent care and improvement throughout the year.

During your initial CULTSKIN® Lab consultation, your skin will be digitally scanned using the ph formal scanner, which identifies any areas that may need special attention.

At each treatment, we'll assess your skin and adjust your plan to address any new concerns that may arise.



Based on this analysis, our experts will create a personalized treatment plan tailored to enhance the overall quality of your skin in the most effective way.

As a CULTSKIN® Lab member, you'll also receive a complimentary skin scan every three months, allowing us to track your progress and fine-tune your treatment plan for optimal results.



This personalized, ongoing care is a core part of your skincare journey, ensuring you achieve the healthiest, most radiant skin possible.

PRICING

See below your custom quotation for treatment from our 5 star team.

FLEXIBLE PAYMENT OPTIONS AT CULTSKIN®

At CULTSKIN®, we believe that achieving your goals should be accessible and stress-free. That's why we offer a range of flexible payment options to suit your needs.

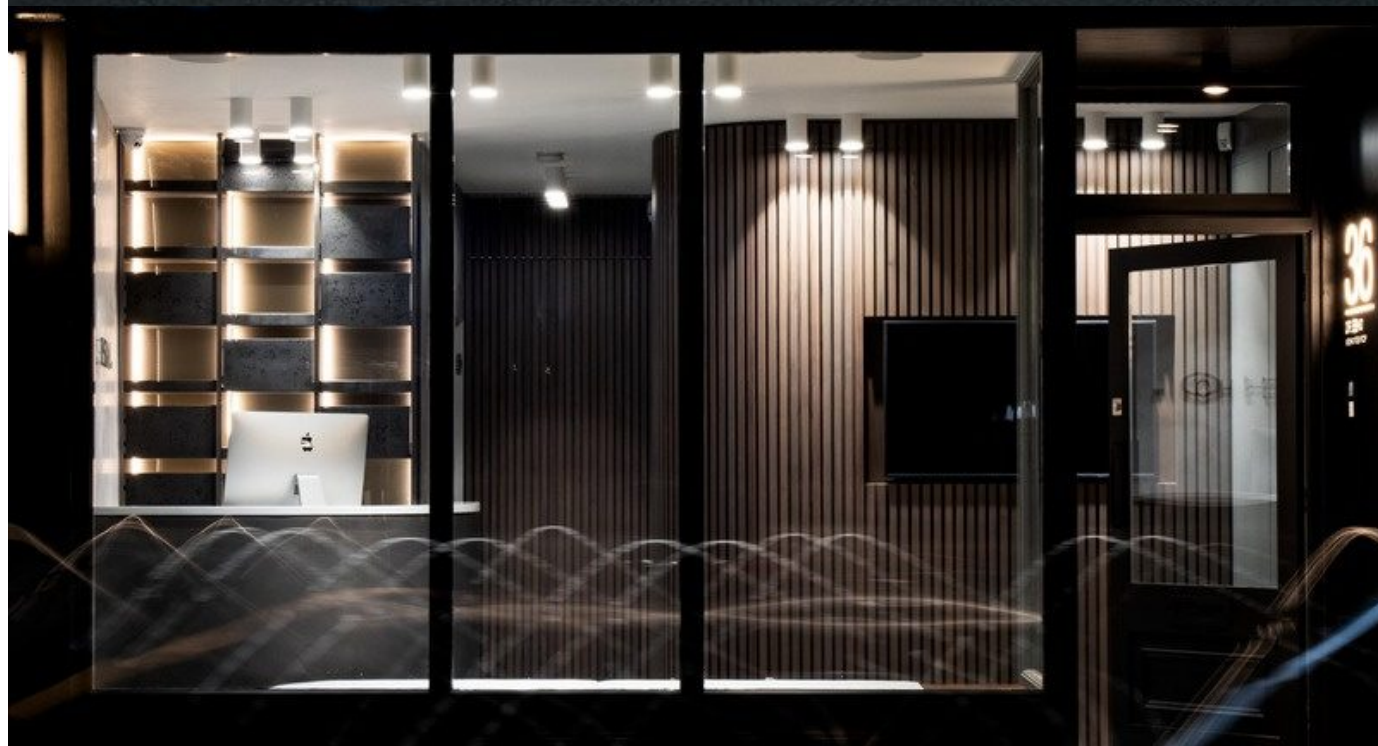
- **Klarna:** Split your payments into manageable, interest-free installments with Klarna. Enjoy your treatments now and pay later at your convenience.
- **Plim Finance:** Spread the cost over a longer period with Plim Finance, designed to offer affordable monthly payments without compromising on quality.
- **GoCardless:** Set up hassle-free, recurring payments for subscriptions and memberships with GoCardless, ensuring your skin journey is seamless and uninterrupted.

We also have a range of subscription models to make premium treatments accessible to all budgets. Speak to our team today to find the best option for you and for more information see [here](#).

CULTSKIN® LAB

The CULTSKIN® lab is annual subscription which is composed of 12 affordable monthly payments which work out 50 % less than the ad hoc treatment prices with a host of other benefits. For more information see [here](#).

For those seeking a more flexible approach, the CULTSKIN® LITE Lab offers a rolling subscription with an initial deposit and monthly payments, providing express treatments and exclusive benefits. Rest assured, all payments are processed securely, and we ensure a seamless experience for our clients every step of the way.



If you would like to go ahead with any of the previous treatments, then you can book your appointment today one of three ways:



ONLINE
click here



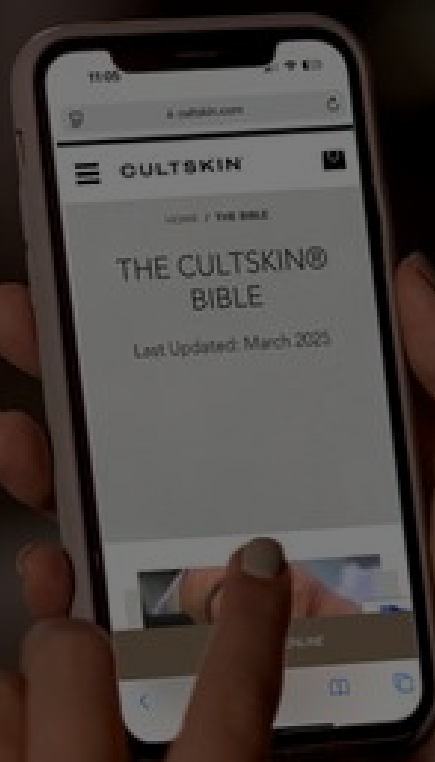
BY PHONE
02039704693



BY EMAIL
bookings@cultskin.com

VIEW OUR FULL LIVE TREATMENT BIBLE

CLICK HERE



A smiling man with a beard, wearing a dark t-shirt, stands in a modern interior with a textured wall and a dark vertical element on the left. His hands are clasped in front of him.

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