

The background of the image is a dimly lit interior space. It features a wall with a subtle, organic texture. In the foreground, a modern, dark-colored chair with a curved back is visible. The overall lighting is soft and moody, creating a sophisticated atmosphere.

CULTSKIN[®]

PRE AND
POSTCARE
MICRONEEDLING

JOIN THE
CULT

PRE AND POSTCARE MICRONEEDLING

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PRE-TREATMENT CARE

1-2 Weeks Before Treatment

- Avoid excessive sun exposure, sunbeds and tanning.
- Do not have treatment on sunburned or significantly tanned skin.
 - Use a broad-spectrum SPF 30-50 daily.
- Avoid aggressive treatments such as chemical peels, dermabrasion, laser resurfacing or other procedures that may irritate the skin unless advised by your practitioner.
- Avoid waxing or other methods that may irritate the treatment area for several days before your appointment.

Inform your practitioner about any recent cosmetic treatments.

3-7 Days Before Treatment

Unless otherwise advised by your practitioner, avoid or pause products that may increase skin sensitivity, including:

- Retinol and prescription retinoids
- AHA/BHA and other exfoliating acids
 - Benzoyl peroxide
- Scrubs and abrasive exfoliants
- Strong or potentially irritating active ingredients

Do not introduce new skincare products immediately before your appointment.

Before Your Appointment

Please inform your practitioner if you:

- Have an active skin infection, cold sore, open wound or inflamed acne in the treatment area
 - Have a history of cold sores
- Have a tendency to develop keloid or excessive scarring
- Have recently undergone another aesthetic or dermatological procedure
 - Have any allergies or sensitivities
- Are taking medication or supplements that may affect bleeding, healing or skin sensitivity
- Are pregnant or breastfeeding, where relevant to your clinic's treatment policy

PRE AND POSTCARE MICRONEEDLING

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On the Day

Arrive with clean skin and no makeup where possible.

Avoid applying heavy creams, oils or active skincare products immediately before treatment.

Avoid excessive alcohol consumption before your appointment.

Keep well hydrated.

Your practitioner will cleanse the skin thoroughly before treatment.

POST-TREATMENT CARE

It is normal to experience some degree of Redness, Warmth, Tightness, Mild swelling, Sensitivity or tenderness and a mild sunburn-like sensation Pinpoint marks Dryness or flaking over the following days.

These effects should gradually improve as the skin heals.

PRE AND POSTCARE MICRONEEDLING

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FIRST 24 HOURS

DO

Keep the skin clean and treat it gently.

Use only the products recommended by your practitioner.

Follow any specific instructions regarding post-treatment serums or products.

Keep your hands away from the treated area as much as possible.

Sleep with clean pillowcases.

Keep the skin comfortably hydrated using an appropriate gentle moisturiser if advised.

Avoid unnecessary touching of the face and neck.

AVOID

Makeup unless your practitioner confirms it is appropriate.

Touching, rubbing, scratching or picking the skin.

Hot showers directly on the treated area.

Saunas and steam rooms.

Swimming pools, hot tubs and other communal water.

Strenuous exercise or activities causing excessive sweating.

Direct sun exposure.

Alcohol if it increases flushing or swelling.

Retinoids, acids, exfoliants and other irritating active ingredients.

DAYS 2-7

Continue with a gentle cleanser and simple moisturiser.

Avoid scrubs, exfoliating brushes and peeling products.

Do not pick or pull at any peeling or flaking skin.

Avoid retinol/retinoids, AHA/BHA and other strong active ingredients until the skin has fully settled or your practitioner advises you to restart them.

Avoid facials, chemical peels, dermaplaning, waxing and other potentially irritating treatments.

Avoid prolonged sun exposure.

Apply broad-spectrum SPF 30-50 daily once your practitioner advises that sunscreen can be applied.

Keep the skin moisturised and protected while the skin barrier recovers.

PRE AND POSTCARE MICRONEEDLING

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IMPORTANT

Flaking or mild peeling can occur as part of the healing process. Do not manually exfoliate or remove the skin. Allow it to shed naturally.

FACE & NECK AFTERCARE

The neck may be more sensitive than the face.

For the neck:

Avoid tight collars and excessive friction.

Avoid necklaces or jewellery that rub against the treated area.

Protect the neck from direct sunlight.

Apply moisturiser and SPF as advised.

Do not massage or manipulate the area unless instructed by your practitioner.

RETURNING TO YOUR NORMAL SKINCARE

Return to active skincare gradually once the skin has recovered.

Your practitioner will advise you when to restart:

Retinol/retinoids

Vitamin C

AHA/BHA

Exfoliating products

Benzoyl peroxide

Other prescription or active skincare

Do not restart active ingredients simply because the redness has reduced. The skin barrier may still be recovering.

PRE AND POSTCARE MICRONEEDLING

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When Should I Contact CULTSKIN® Immediately?

Please contact the clinic promptly if you experience:

Increasing redness or swelling

Significant or worsening pain

Blistering

Marked skin discolouration

Pus or other signs of infection

Persistent or increasing heat in the treated area

Severe itching or rash

Any reaction that concerns you

If you experience difficulty breathing, difficulty swallowing or symptoms of a severe allergic reaction, seek emergency medical attention immediately.

Should you feel concerned by what seems like an adverse reaction, want reminding on your specified aftercare instructions, or in the case of an emergency, feel free to call us on our main line number, **0203 970 4693**, within opening hours. However, we also have a dedicated emergency line, open 24 hours a day, to which you can call on **07311799185**

PROFESSIONAL TREATMENTS WORK BEST WHEN THEY'RE
SUPPORTED BY THE RIGHT HOME CARE. THIS PRODUCT HELPS
CONTINUE THE WORK STARTED IN CLINIC

SUN DEFENSE

[HTTPS://CULTSKIN.COM/PRODUCT/INNO-DERMA-SUN-DEFENSE-OILY-SKIN-SPF-50/](https://cultskin.com/product/inno-derma-sun-defense-oily-skin-spf-50/)

[HTTPS://CULTSKIN.COM/PRODUCT/INNO-DERMA-SUN-DEFENSE-SPF-50/](https://cultskin.com/product/inno-derma-sun-defense-spf-50/)

SKIN REPAIR

[HTTPS://CULTSKIN.COM/PRODUCT/INNO-DERMA-SKIN-REPAIR/](https://cultskin.com/product/inno-derma-skin-repair/)

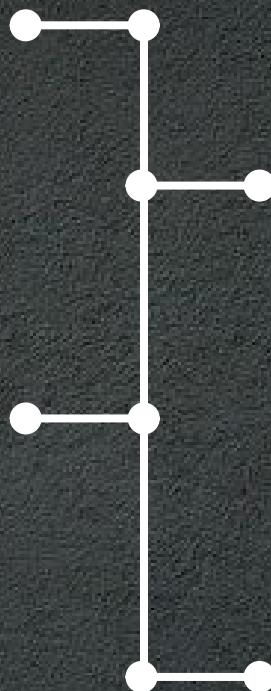


CULTSKIN® LAB

At CULTSKIN®, we believe in taking a holistic approach to skincare, where every step of your journey is carefully planned to achieve lasting results. The CULTSKIN® Lab is the UK's first of its kind, offering an exclusive 12-month subscription that provides you with one advanced skin treatment every month, ensuring consistent care and improvement throughout the year.

During your initial CULTSKIN® Lab consultation, your skin will be digitally scanned using the ph formal scanner, which identifies any areas that may need special attention.

At each treatment, we'll assess your skin and adjust your plan to address any new concerns that may arise.



Based on this analysis, our experts will create a personalized treatment plan tailored to enhance the overall quality of your skin in the most effective way.

As a CULTSKIN® Lab member, you'll also receive a complimentary skin scan every three months, allowing us to track your progress and fine-tune your treatment plan for optimal results.



This personalized, ongoing care is a core part of your skincare journey, ensuring you achieve the healthiest, most radiant skin possible.

PRICING

See below your custom quotation for treatment from our 5 star team.

FLEXIBLE PAYMENT OPTIONS AT CULTSKIN®

At CULTSKIN®, we believe that achieving your goals should be accessible and stress-free. That's why we offer a range of flexible payment options to suit your needs.

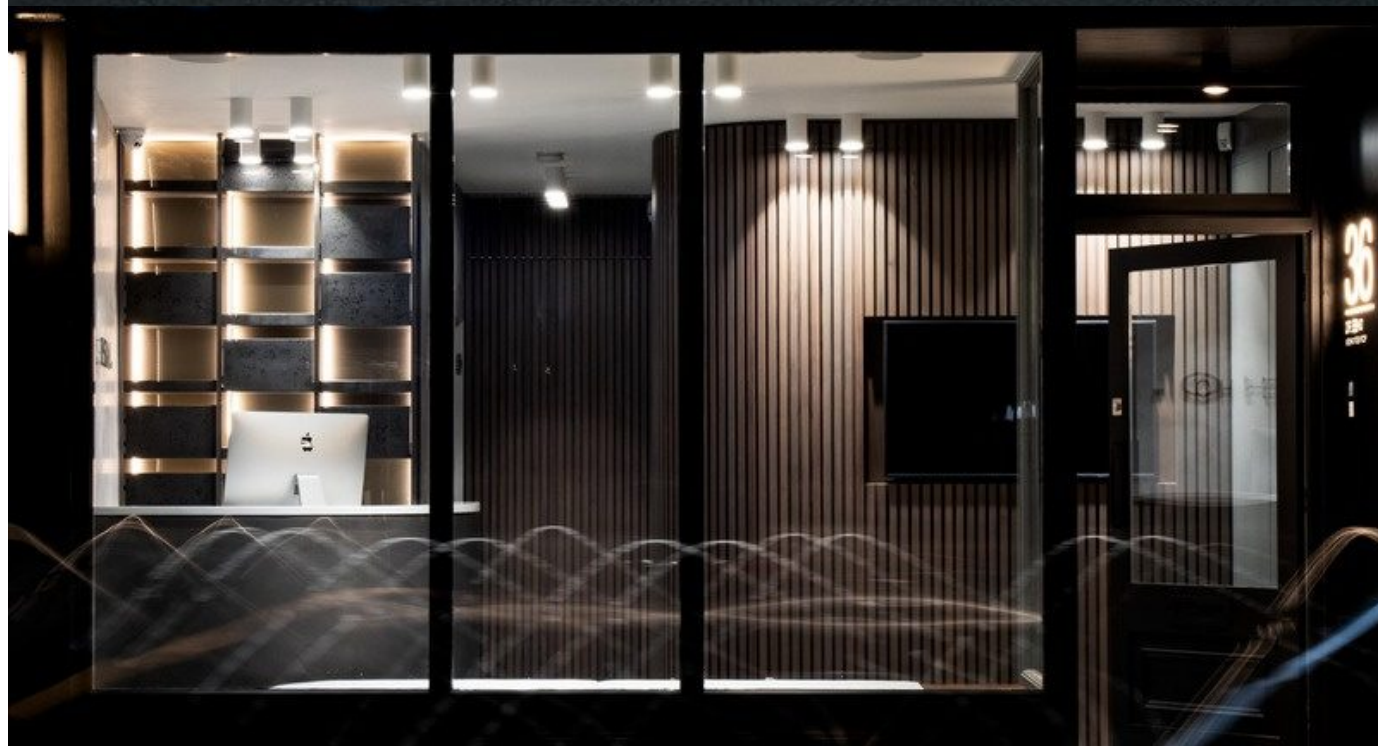
- **Klarna:** Split your payments into manageable, interest-free installments with Klarna. Enjoy your treatments now and pay later at your convenience.
- **Plim Finance:** Spread the cost over a longer period with Plim Finance, designed to offer affordable monthly payments without compromising on quality.
- **GoCardless:** Set up hassle-free, recurring payments for subscriptions and memberships with GoCardless, ensuring your skin journey is seamless and uninterrupted.

We also have a range of subscription models to make premium treatments accessible to all budgets. Speak to our team today to find the best option for you and for more information see [here](#).

CULTSKIN® LAB

The CULTSKIN® lab is annual subscription which is composed of 12 affordable monthly payments which work out 50 % less than the ad hoc treatment prices with a host of other benefits. For more information see [here](#).

For those seeking a more flexible approach, the CULTSKIN® LITE Lab offers a rolling subscription with an initial deposit and monthly payments, providing express treatments and exclusive benefits. Rest assured, all payments are processed securely, and we ensure a seamless experience for our clients every step of the way.



If you would like to go ahead with any of the previous treatments, then you can book your appointment today one of three ways:



ONLINE
click here



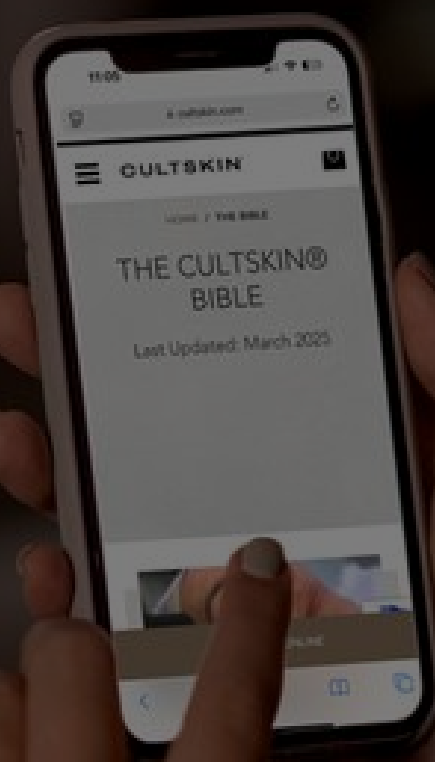
BY PHONE
02039704693



BY EMAIL
bookings@cultskin.com

VIEW OUR FULL LIVE TREATMENT BIBLE

CLICK HERE



A smiling man with a beard, wearing a dark t-shirt, stands in a modern interior with a textured wall and a white ledge. The image is dark and moody, with the man's face and the brand name being the primary light sources.

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