



CULTSKIN[®]

**PRE AND
POSTCARE
TATTOO REMOVAL**

**JOIN THE
CULT**

PRE AND POSTCARE TATTOO REMOVAL

JOIN THE
CULT

Pre- & Post-Treatment Care

Laser tattoo removal works by delivering controlled laser energy into the tattoo pigment, breaking the pigment into smaller particles that can then be cleared by the body's natural processes. The skin needs time to recover between treatments, so appropriate preparation and aftercare are important to minimise complications and support the best possible result.

PRE-TREATMENT CARE

2-4 Weeks Before Treatment

Avoid sun exposure and tanning

- Avoid sunbathing and sunbeds.
- Avoid intentional tanning.
- Do not have treatment on sunburned or significantly tanned skin.
- Use broad-spectrum SPF 30-50 daily on exposed areas.
- Avoid self-tan on or immediately around the treatment area.

If the area has recently been tanned or sunburned, treatment may need to be postponed.

1 Week Before Treatment

- Avoid irritating or exfoliating products directly over the tattoo.
- Avoid chemical peels, dermabrasion, microneedling or other resurfacing treatments on the area.
- Avoid waxing or other treatments that may irritate the skin.
- Do not pick, scratch or manipulate the tattooed area.
- Keep the skin moisturised and in good condition.

Inform your therapist if:

- You have recently had another laser or aesthetic treatment.
 - The tattooed area is irritated, infected or broken.
- You have a history of abnormal scarring or keloids.
- You have previously experienced pigmentation changes following treatments.
- You have a history of cold sores if treating an area where this is relevant.
- You are taking medication or have started any new medication.
- You have any medical condition or allergy that may affect treatment.

PRE AND POSTCARE TATTOO REMOVAL

JOIN THE
CULT

ON THE DAY OF TREATMENT

- Arrive with clean, dry skin.
- Do not apply creams, oils or lotions directly over the tattoo unless instructed.
 - Remove any self-tan from the treatment area.
- Do not apply makeup over tattoos being treated.
- Avoid shaving immediately before treatment if this would leave the skin irritated.
 - Inform your therapist of any cuts, rashes, infection or skin irritation.

Your practitioner will assess the tattoo and surrounding skin before treatment and confirm that it is appropriate to proceed.

POST-TREATMENT CARE

It is normal for the treated area to appear:

- Red
- Warm
- Swollen
- Tender
- Slightly raised around the tattoo
 - Similar to a mild sunburn

The tattoo may temporarily appear darker or more pronounced immediately following treatment. Small blisters, pinpoint bleeding or crusting can also occur depending on the laser settings, tattoo and individual response.

FIRST 24-48 HOURS

DO

- Keep the area clean and follow your Therapist's wound-care instructions.
 - Wash gently with clean water and a mild cleanser if advised.
 - Pat the area dry — **do not rub.**
 - Use the recommended post-treatment cream or dressing.
- Apply a cool compress if recommended to help with discomfort or swelling.
 - Wear loose clothing if the tattoo is in an area where clothing may rub.
 - Keep the area protected from direct sunlight.

PRE AND POSTCARE TATTOO REMOVAL

JOIN THE
CULT

AVOID

- Picking, scratching or rubbing the treated area.
 - Deliberately breaking blisters.
 - Removing scabs or crusts.
- Applying makeup over an open or blistered area unless specifically advised.
- Swimming pools, hot tubs and communal water while the area is healing.
 - Saunas and steam rooms.
 - Hot baths.
- Strenuous exercise if it causes excessive sweating or friction.
 - Direct sun exposure.
- Perfumed or irritating products over the treated area.

IF BLISTERING OCCURS

Blistering can occur following laser tattoo removal and can be part of the normal healing response.

- Do not intentionally burst the blister.
- Keep the area clean and protected.
 - Avoid friction and pressure.
- If a blister breaks naturally, do not remove the remaining skin.
- Follow your therapist's instructions regarding dressings and wound care.

If blistering is extensive, increasingly painful or accompanied by worsening redness, contact the clinic.

DAYS 3-14

As the area heals, you may experience:

- Dryness
- Scabbing
- Crusting
- Flaking
- Temporary changes in pigmentation

PRE AND POSTCARE TATTOO REMOVAL

JOIN THE
CULT

IMPORTANT:

Do not pick or remove scabs.

Allow the skin to heal and the scab to detach naturally. Picking can increase the risk of infection, scarring and pigmentation changes.

Continue to:

- Keep the area clean.
- Follow your recommended aftercare routine.
 - Protect the area from sunlight.
 - Avoid exfoliation.
 - Avoid irritating skincare products.
 - Avoid friction over the treated area

SUN PROTECTION

Strict sun protection is particularly important following laser tattoo removal.

- Use broad-spectrum SPF 30-50 once the skin has healed sufficiently for sunscreen to be applied.
- Keep the treated area covered from direct sunlight where possible.
 - Wear protective clothing.
 - Avoid sunbeds and intentional tanning.

Sun exposure can increase the risk of pigmentation changes and may affect when your next treatment can safely be performed.

BETWEEN TREATMENTS

Laser tattoo removal requires a course of treatments, with sufficient time between sessions for the skin to recover and for the body to clear fragmented tattoo pigment.

During your treatment course:

- Do not pick or manipulate the treated area.
 - Continue using SPF.
 - Avoid tanning.
- Keep the skin healthy and moisturised.
- Do not have other treatments on the area without discussing them with your Therapist.
- Follow the treatment interval recommended by your therapist.

Do not expect the tattoo to disappear immediately. Fading occurs progressively between treatments.

PPRE AND POSTCARE TATTOO REMOVAL

JOIN THE
CULT

When Should I Contact CULTSKIN® Immediately?

Please contact the clinic promptly if you experience:

- Severe or increasing pain
- Significant or rapidly increasing swelling
 - Extensive blistering
- Increasing redness or warmth
- Pus or other signs of infection
 - Excessive bleeding
- Significant skin discolouration
- Worsening symptoms rather than gradual improvement
- Any reaction that concerns you

If you experience difficulty breathing, difficulty swallowing or symptoms of a severe allergic reaction, seek emergency medical attention immediately.

Although complications are uncommon, prompt assessment is essential if any of the above occur.

Should you feel concerned by what seems like an adverse reaction, want reminding on your specified aftercare instructions, or in the case of an emergency, feel free to call us on our main line number, **0203 970 4693**, within opening hours. However, we also have a dedicated emergency line, open 24 hours a day, to which you can call on **07311799185**

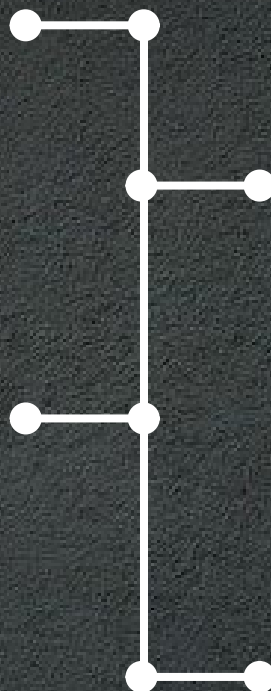


CULTSKIN® LAB

At CULTSKIN®, we believe in taking a holistic approach to skincare, where every step of your journey is carefully planned to achieve lasting results. The CULTSKIN® Lab is the UK's first of its kind, offering an exclusive 12-month subscription that provides you with one advanced skin treatment every month, ensuring consistent care and improvement throughout the year.

During your initial CULTSKIN® Lab consultation, your skin will be digitally scanned using the ph formal scanner, which identifies any areas that may need special attention.

At each treatment, we'll assess your skin and adjust your plan to address any new concerns that may arise.



Based on this analysis, our experts will create a personalized treatment plan tailored to enhance the overall quality of your skin in the most effective way.

As a CULTSKIN® Lab member, you'll also receive a complimentary skin scan every three months, allowing us to track your progress and fine-tune your treatment plan for optimal results.



This personalized, ongoing care is a core part of your skincare journey, ensuring you achieve the healthiest, most radiant skin possible.

PRICING

See below your custom quotation for treatment from our 5 star team.

FLEXIBLE PAYMENT OPTIONS AT CULTSKIN®

At CULTSKIN®, we believe that achieving your goals should be accessible and stress-free. That's why we offer a range of flexible payment options to suit your needs.

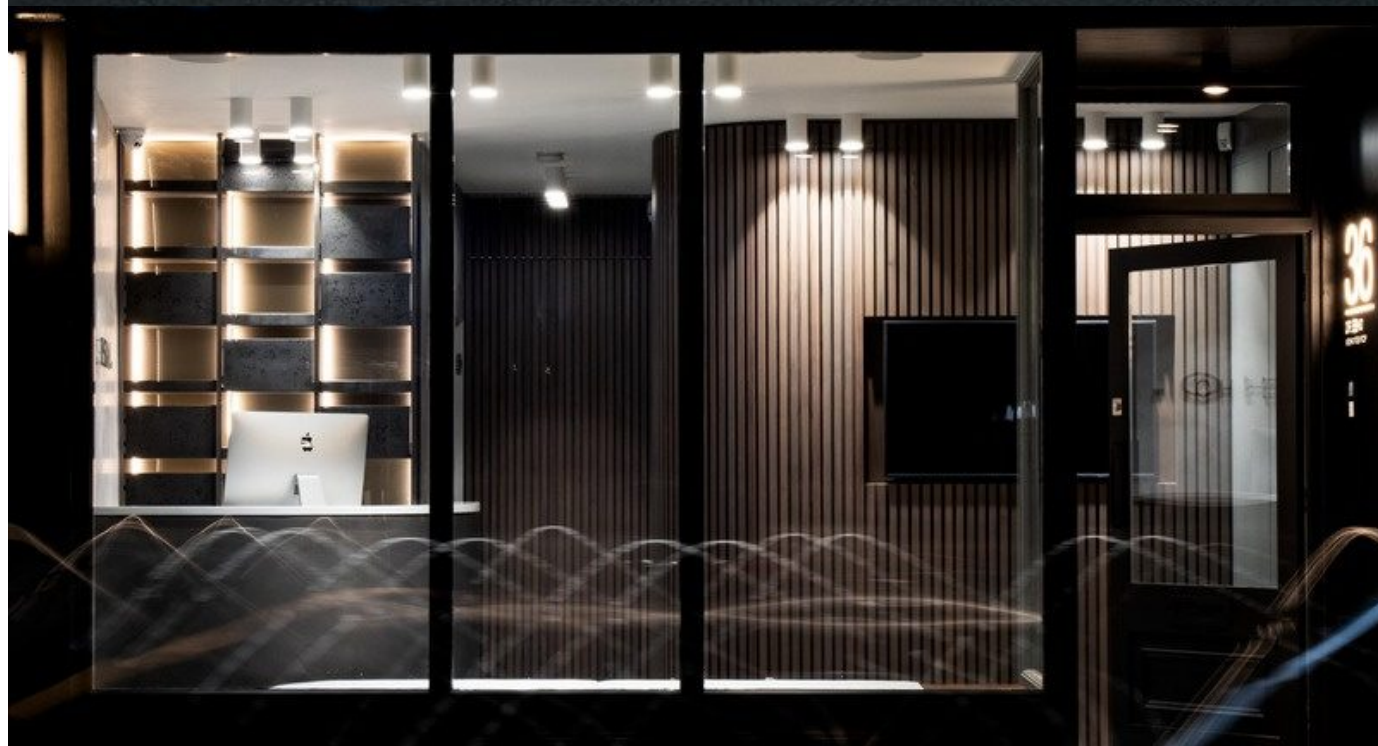
- **Klarna:** Split your payments into manageable, interest-free installments with Klarna. Enjoy your treatments now and pay later at your convenience.
- **Plim Finance:** Spread the cost over a longer period with Plim Finance, designed to offer affordable monthly payments without compromising on quality.
- **GoCardless:** Set up hassle-free, recurring payments for subscriptions and memberships with GoCardless, ensuring your skin journey is seamless and uninterrupted.

We also have a range of subscription models to make premium treatments accessible to all budgets. Speak to our team today to find the best option for you and for more information see [here](#).

CULTSKIN® LAB

The CULTSKIN® lab is annual subscription which is composed of 12 affordable monthly payments which work out 50 % less than the ad hoc treatment prices with a host of other benefits. For more information see [here](#).

For those seeking a more flexible approach, the CULTSKIN® LITE Lab offers a rolling subscription with an initial deposit and monthly payments, providing express treatments and exclusive benefits. Rest assured, all payments are processed securely, and we ensure a seamless experience for our clients every step of the way.



If you would like to go ahead with any of the previous treatments, then you can book your appointment today one of three ways:



ONLINE
click here



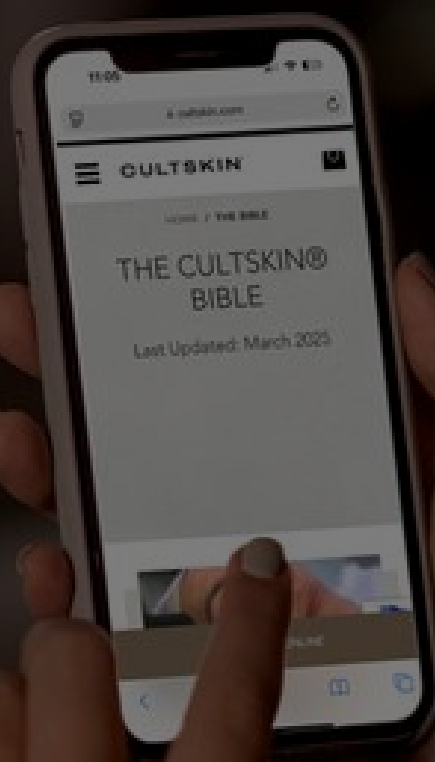
BY PHONE
02039704693



BY EMAIL
bookings@cultskin.com

VIEW OUR FULL LIVE TREATMENT BIBLE

CLICK HERE



A smiling man with a beard, wearing a dark t-shirt, stands in a modern interior with a textured wall and a dark vertical element on the left. His hands are clasped in front of him.

CULTSKIN®



JOIN THE
CULT