

The background of the image is a dimly lit interior space. It features a wall with a subtle, organic texture. In the foreground, a modern, dark-colored chair with a curved back is visible. The overall lighting is soft and moody, creating a sophisticated atmosphere.

CULTSKIN®

PRE AND
POSTCARE
HYDRAFACIAL

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PRE AND POSTCARE HYDRAFACIAL

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Pre-treatment Advice

To ensure the safest treatment and achieve the best possible results, please follow the advice below:

- If you are feeling unwell, have a cold, flu, fever, active skin infection, or have recently completed a course of antibiotics, please contact the **CULTSKIN® Patient Care Team** before attending your appointment.
- Treatment cannot be performed if you have an active cold sore, open wound, sunburn, eczema flare, dermatitis, or any active skin infection within the treatment area.
- Please inform your practitioner if you are pregnant or breastfeeding, have any allergies, or are taking prescription medications, particularly isotretinoin (Roaccutane®) or topical prescription skincare.
- Inform your practitioner of any recent cosmetic or medical treatments, including anti-wrinkle injections, dermal fillers, skin boosters, chemical peels, microneedling, laser or IPL treatments.
 - Avoid excessive sun exposure, tanning beds and sunburn for at least 48 hours before your appointment.
 - Discontinue the use of Retinol, Retinoids, Tretinoin, Glycolic Acid, Salicylic Acid, Benzoyl Peroxide, Alpha Hydroxy Acids (AHAs), Beta Hydroxy Acids (BHAs), strong Vitamin C serums and exfoliating scrubs for 3-5 days before treatment, unless otherwise advised by your practitioner.
- Avoid waxing, threading, depilatory creams (such as Nair®), dermaplaning or laser hair removal on the treatment area for 5-7 days before treatment.
- If you have recently received Botox®, dermal filler or other injectable treatments, please inform your practitioner, as your HydraFacial® appointment may need to be appropriately timed.
 - Drink plenty of water before your appointment and arrive well hydrated.
- Wherever possible, attend your appointment with little or no make-up on the treatment area.

Medical History

Please inform your practitioner if you have:

- Previous medical conditions
 - Current medications
 - Allergies or sensitivities
- A history of cold sores (Herpes Simplex)
 - Rosacea or very sensitive skin
- Recent facial surgery or cosmetic procedures
 - A history of keloid scarring

PRE AND POSTCARE HYDRAFACIAL

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Post-treatment Advice

Following your HydraFacial®, your skin will usually appear brighter, smoother and more hydrated immediately. Mild redness or tightness is normal and generally settles within a few hours.

General Aftercare

For the first 24–48 hours:

- Keep your skin well hydrated by drinking plenty of water.
 - Use a gentle cleanser and moisturiser.
- Apply a broad-spectrum SPF 30 or higher every morning, even on cloudy days.
 - Avoid touching or picking at your skin.
- Allow your skin to absorb the treatment serums without applying unnecessary products immediately afterwards.

Avoid for 24–48 Hours

- Excessive exercise that causes heavy sweating.
- Saunas, steam rooms, hot baths and hot tubs.
 - Swimming pools and chlorinated water.
 - Excessive sun exposure or tanning beds.
 - Facial waxing, threading or hair removal.
- Chemical peels, dermaplaning, microdermabrasion or microneedling.
 - Laser or IPL treatments.
- Strong active skincare products, including:
 - Retinol/Retinoids
 - Tretinoin
 - Glycolic Acid
 - Salicylic Acid
 - Benzoyl Peroxide
 - AHAs/BHAs
 - Exfoliating scrubs
 - Strong Vitamin C serums
- Picking or exfoliating any areas of dry or flaky skin

PRE AND POSTCARE HYDRAFACIAL

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Make-up

Where possible, avoid applying make-up for 12-24 hours following treatment to allow the skin to recover fully. If make-up is necessary, use clean brushes and non-comedogenic products.

Sun Protection

Your skin may be more sensitive following treatment.

- Apply SPF 30 or higher every day.
- Reapply sunscreen throughout the day if outdoors.
- Wear a hat and seek shade where possible.
- Avoid prolonged direct sun exposure for at least one week.

What to Expect

It is normal to experience:

- Mild redness
- Slight tightness
- Increased skin hydration and radiance
- Mild sensitivity

Occasionally, some patients may experience mild purging (small temporary breakouts), particularly if they are prone to congestion. This usually settles within several days.

PRE AND POSTCARE LIP AUGMENTATION

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When Should I Contact CULTSKIN®?

Please contact the clinic if you experience:

- Persistent redness lasting longer than 48 hours.
 - Significant swelling.
 - Blistering.
 - Signs of infection.
 - Severe discomfort.
- Any unexpected reaction or concerns following your treatment.

Should you feel concerned by what seems like an adverse reaction, want reminding on your specified aftercare instructions, or in the case of an emergency, feel free to call us on our main line number, **0203 970 4693**, within opening hours. However, we also have a dedicated emergency line, open 24 hours a day, to which you can call on **07311799185**

Follow-Up

HydraFacial® can usually be repeated every 4–6 weeks to maintain optimal skin health and results.

Your practitioner will advise on the most appropriate treatment plan based on your skin concerns and goals.

If you have any questions following your treatment, please contact the CULTSKIN® Patient Care Team. We are always happy to help.

PROFESSIONAL TREATMENTS WORK BEST WHEN THEY'RE
SUPPORTED BY THE RIGHT HOME CARE. THIS PRODUCT HELPS
CONTINUE THE WORK STARTED IN CLINIC

ALASTIN HA IMMERSE SERUM

**[HTTPS://CULTSKIN.COM/PRODUCT/INNO-DERMA-SUN-DEFENSE-
OILY-SKIN-SPF-50/](https://cultskin.com/product/inno-derma-sun-defense-oily-skin-spf-50/)**

**[HTTPS://CULTSKIN.COM/PRODUCT/INNO-DERMA-SUN-DEFENSE-
SPF-50/](https://cultskin.com/product/inno-derma-sun-defense-spf-50/)**

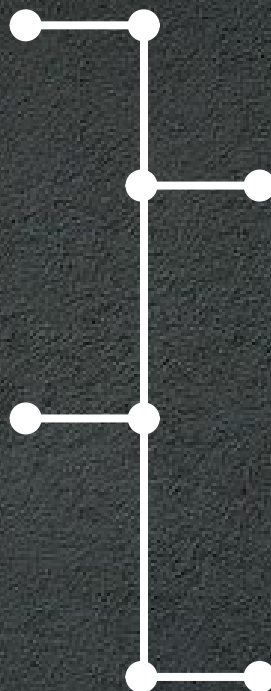


CULTSKIN® LAB

At CULTSKIN®, we believe in taking a holistic approach to skincare, where every step of your journey is carefully planned to achieve lasting results. The CULTSKIN® Lab is the UK's first of its kind, offering an exclusive 12-month subscription that provides you with one advanced skin treatment every month, ensuring consistent care and improvement throughout the year.

During your initial CULTSKIN® Lab consultation, your skin will be digitally scanned using the ph formal scanner, which identifies any areas that may need special attention.

At each treatment, we'll assess your skin and adjust your plan to address any new concerns that may arise.



Based on this analysis, our experts will create a personalized treatment plan tailored to enhance the overall quality of your skin in the most effective way.

As a CULTSKIN® Lab member, you'll also receive a complimentary skin scan every three months, allowing us to track your progress and fine-tune your treatment plan for optimal results.



This personalized, ongoing care is a core part of your skincare journey, ensuring you achieve the healthiest, most radiant skin possible.

PRICING

See below your custom quotation for treatment from our 5 star team.

FLEXIBLE PAYMENT OPTIONS AT CULTSKIN®

At CULTSKIN®, we believe that achieving your goals should be accessible and stress-free. That's why we offer a range of flexible payment options to suit your needs.

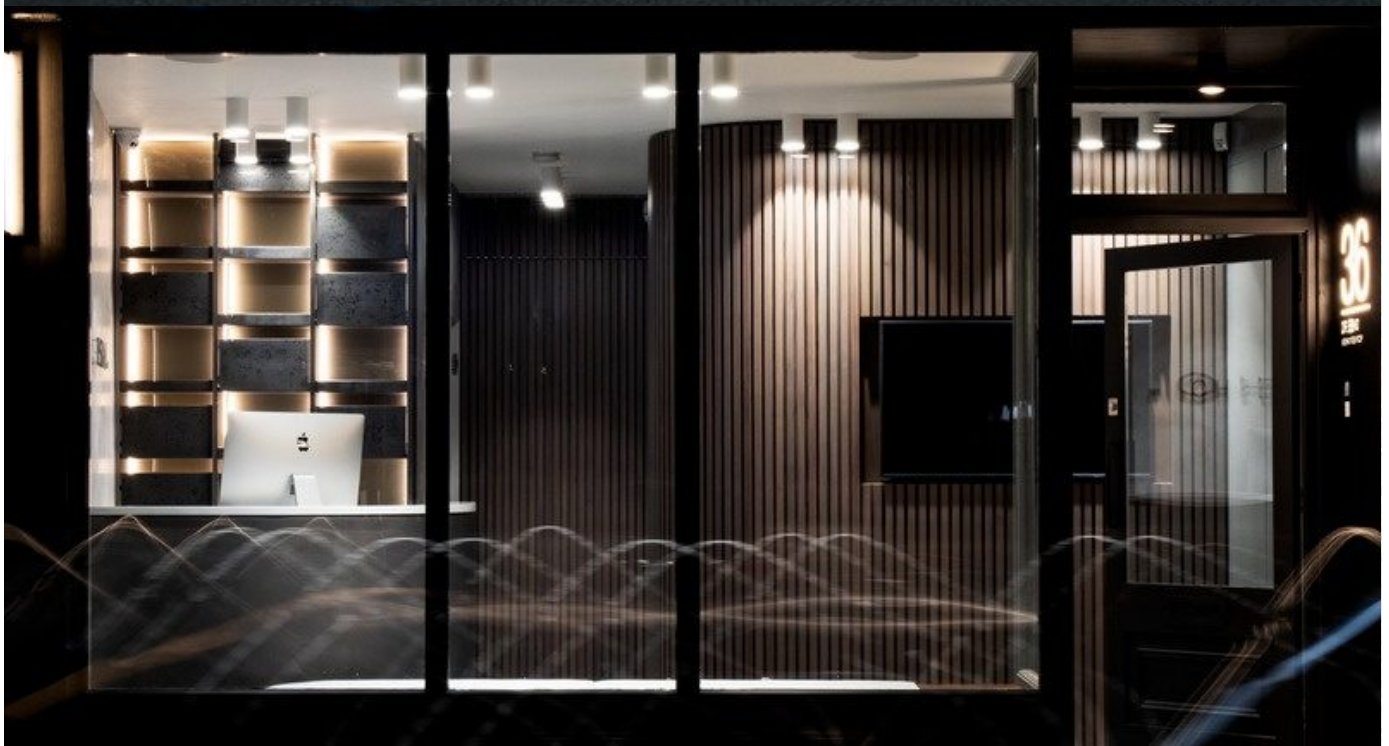
- **Klarna:** Split your payments into manageable, interest-free installments with Klarna. Enjoy your treatments now and pay later at your convenience.
- **Plim Finance:** Spread the cost over a longer period with Plim Finance, designed to offer affordable monthly payments without compromising on quality.
- **GoCardless:** Set up hassle-free, recurring payments for subscriptions and memberships with GoCardless, ensuring your skin journey is seamless and uninterrupted.

We also have a range of subscription models to make premium treatments accessible to all budgets. Speak to our team today to find the best option for you and for more information see [here](#).

CULTSKIN® LAB

The CULTSKIN® lab is annual subscription which is composed of 12 affordable monthly payments which work out 50 % less than the ad hoc treatment prices with a host of other benefits. For more information see [here](#).

For those seeking a more flexible approach, the CULTSKIN® LITE Lab offers a rolling subscription with an initial deposit and monthly payments, providing express treatments and exclusive benefits. Rest assured, all payments are processed securely, and we ensure a seamless experience for our clients every step of the way.



If you would like to go ahead with any of the previous treatments, then you can book your appointment today one of three ways:



ONLINE
click here



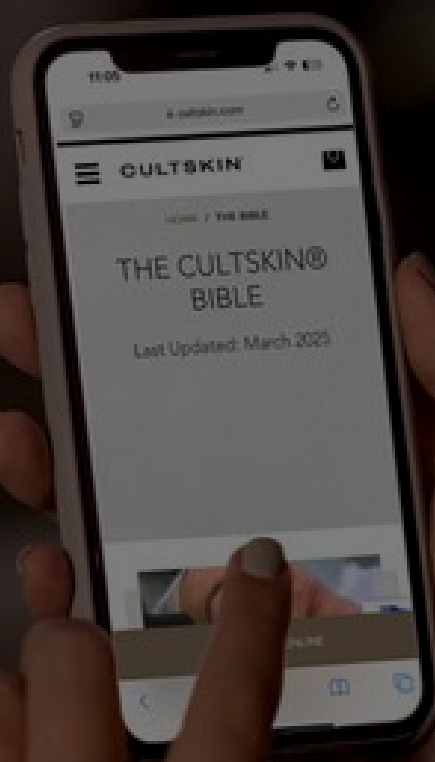
BY PHONE
02039704693



BY EMAIL
bookings@cultskin.com

VIEW OUR FULL LIVE TREATMENT BIBLE

CLICK HERE



A smiling man with a beard, wearing a dark t-shirt, stands in a modern interior with a textured wall and a dark vertical panel on the left. His hands are clasped in front of him.

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